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# Wanzenberg & Associates

# PRACTICING STUDENT EMPOWERMENT

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# OVERVIEW OF TODAY'S PRESENTATION

- Overview of EF, and underpinnings that are relevant to parents, students, and staff that support student independence; note that interventions and strategies will be broadly referenced
- Review and discussion of staff questions relating to EF
- Emphasis on useable, real-life examples, and practical information for families
- **For starters, an important request and disclosure**
- For referrals or those who want to extend the conversation, we offer parents a free consultation to review services we offer, including EF Coaching
- All resources are available online at [www.iepguardians.org](http://www.iepguardians.org) under *Presentations*

# DOMAINS OF EXECUTIVE FUNCTIONING

## Executive Functioning Domains (in order of skill/brain development)

- **Inhibition**: the ability to stop a target behavior at the appropriate time
- **Working Memory**: the capacity to hold info in suspension for the purpose of completing a task
- **Emotional Control**: modulation of emotional responses by bringing rational thought and coping strategies to the situation
- **Shift**: moving from one activity to another and adapting to various classroom demands in a reasonable time
- **Self-monitoring**: self-examination and active monitoring of student's own progress
- **Initiation**: the ability to begin a task independently; generating ideas, responses, problem solving strategies
- **Planning/Organization**: the ability to manage current and future demands
- **Organization of Materials**: imposing order on school materials and storage spaces
- **Self-Awareness**: assisting a student with an accurate and functional picture of her strengths and needs as a student with a disability

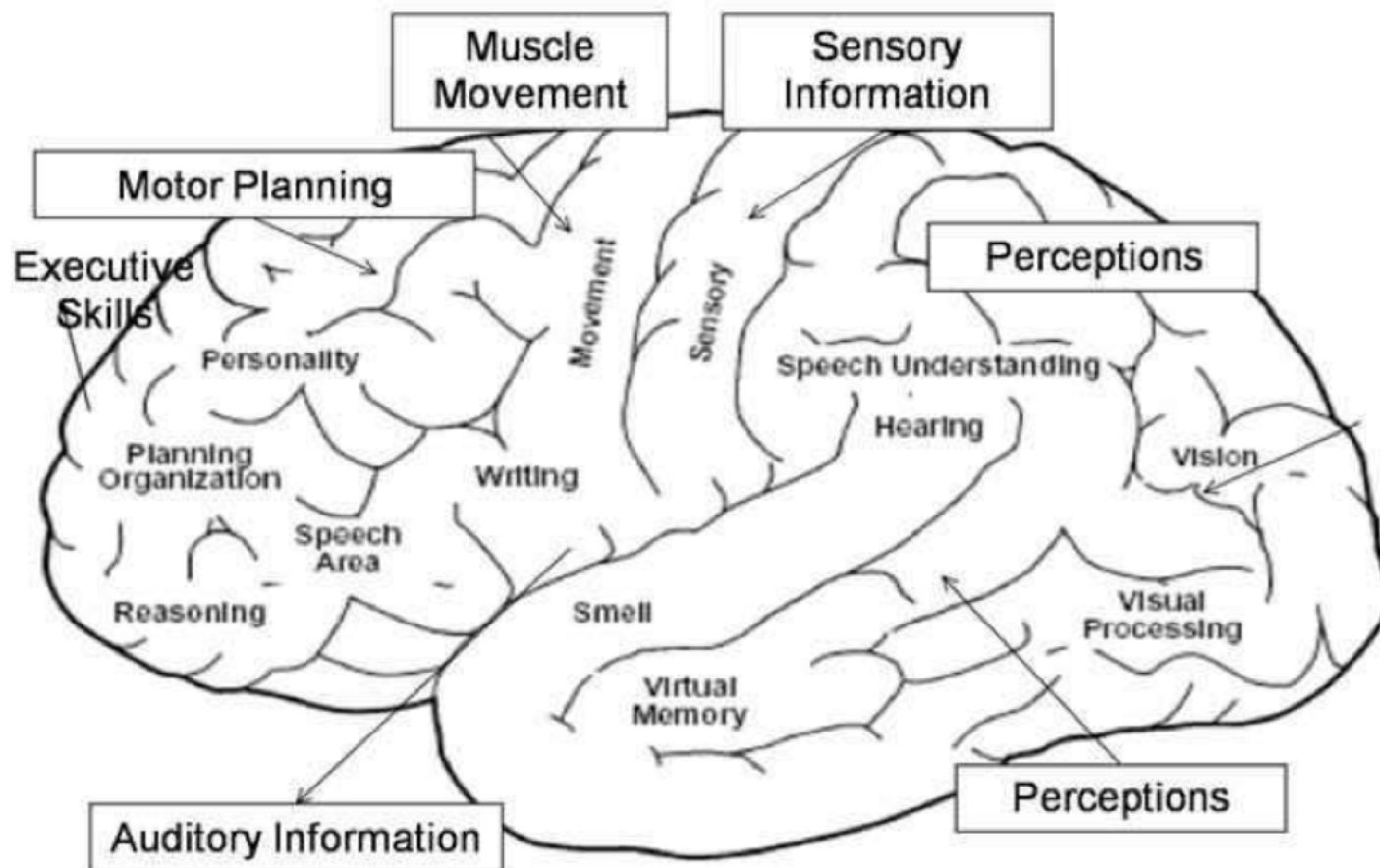
# EXECUTIVE SKILLS: OVERVIEW

**Students with EF difficulties demonstrate the following difficulties in school, home, workplace, and community:**

- Planning activities
- Effectively managing time: knowing when to start and when to stop
- Monitoring multiple tasks simultaneously
- Application of previously mastered knowledge
- Changing pace, focus, or subject
- Accurately assessing when help is needed
- Holding back on impulses
- Accurately estimating how much time would be required for a task
- Memorizing and retrieving information
- Developing a plan of action or response to a conflict or problem

# EXECUTIVE SKILLS: OVERVIEW

## Executive Skills and the Brain



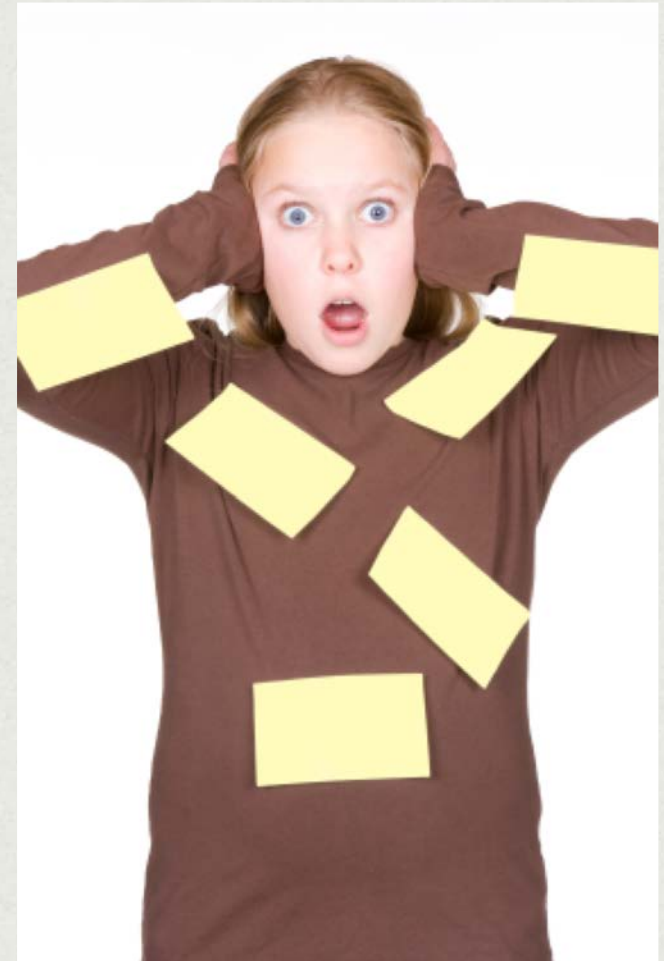
# EXECUTIVE SKILLS: OVERVIEW

- Many parts of the brain impacted by executive functioning, but primarily involves frontal lobe (prefrontal cortex) functions that facilitate/impact “novel problem solving”
- Process or integrated processes that link present and past actions
- The prefrontal cortex is the brain’s “CEO” which makes judgements and delegates action
- EF is rarely “broken”, but inefficiencies exist for many individuals
- Qualitative/rating scales assessments across several settings/reporter is critical (Conners, CPT, Tower of London, Rey-Ostreich WCST, TOVA, TMT, BRIEF)
- Understanding a student’s relative strengths and weaknesses is critical to any plan

# ACADEMIC DIFFICULTIES: FUNCTIONAL PERFORMANCE

## **Problems resulting from inefficient executive skills**

- Procrastination and inefficient use of planning opportunities
- Difficulty in adhesion of disparate concepts in writing
- Easily diverted from task by stimuli
- Slow completion of tasks
- Poor modulation of emotional responses
- Impairments with social judgement
- Ineffective model of self-monitoring
- Difficulties in moving from one task to another



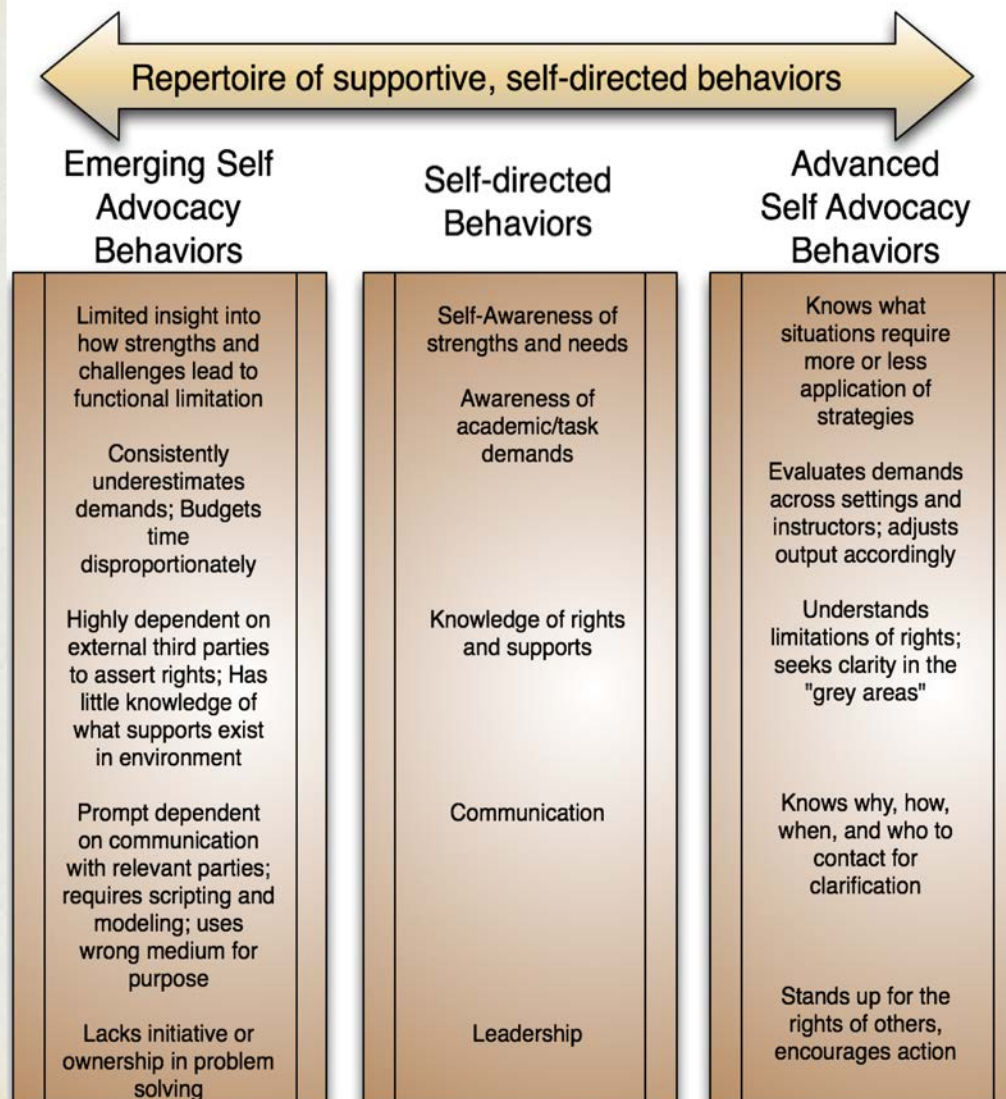
# OUTCOMES IN EXECUTIVE FUNCTIONING: HOW WE TARGET THE NEXT SETTING



- The diminishing frequency and intensity of parent, school, or third-party based interventions
- The increased application of self-advocacy skills and self-directed behaviors, in a variety of settings
- The extent to which current supports the student benefits from receives in current setting are available/accessible in the next setting
- Is it meaningful to the student?
- Is it sustainable?

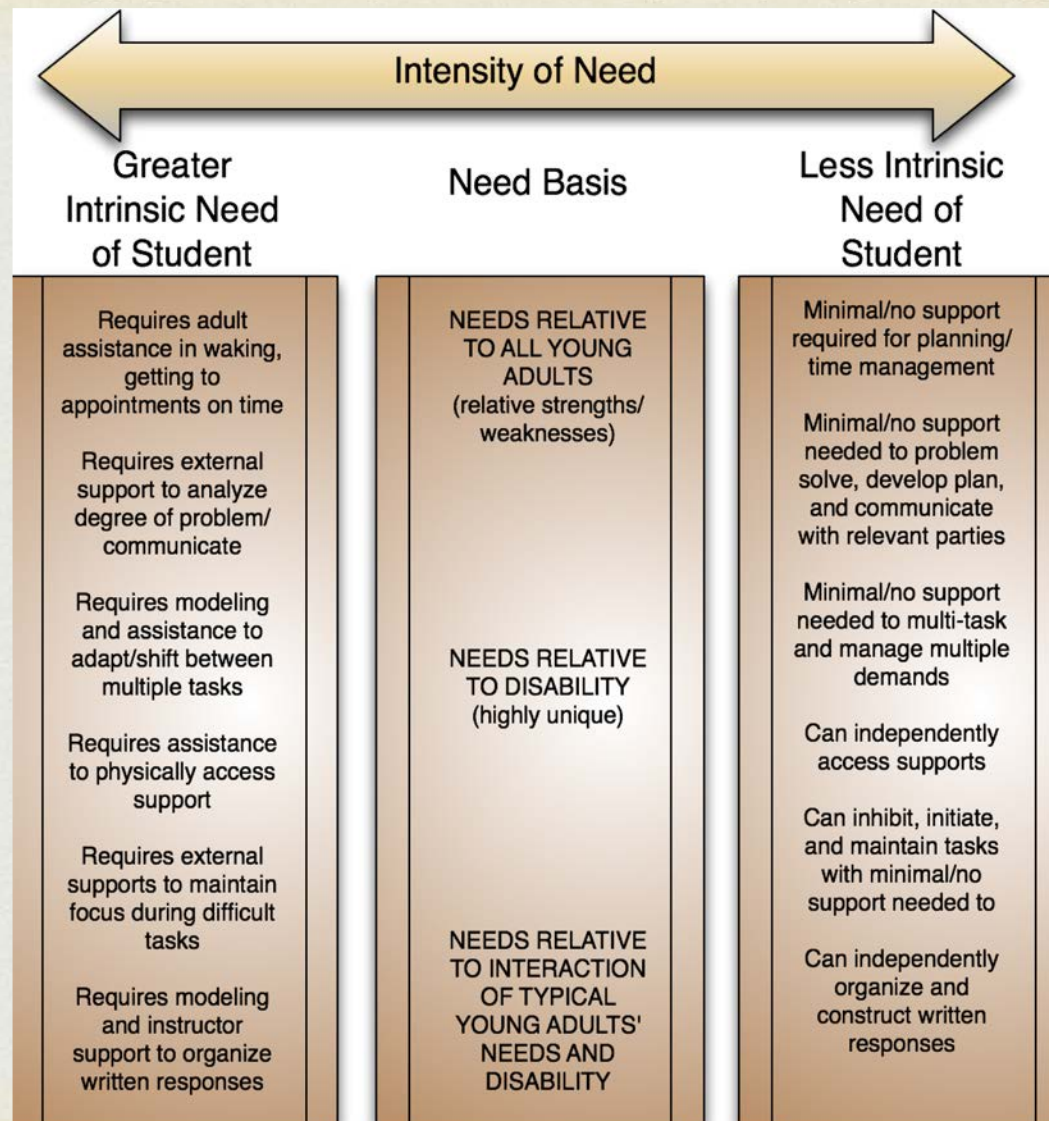
# SELF DIRECTED BEHAVIORS

## AXIS I: REPERTOIRE

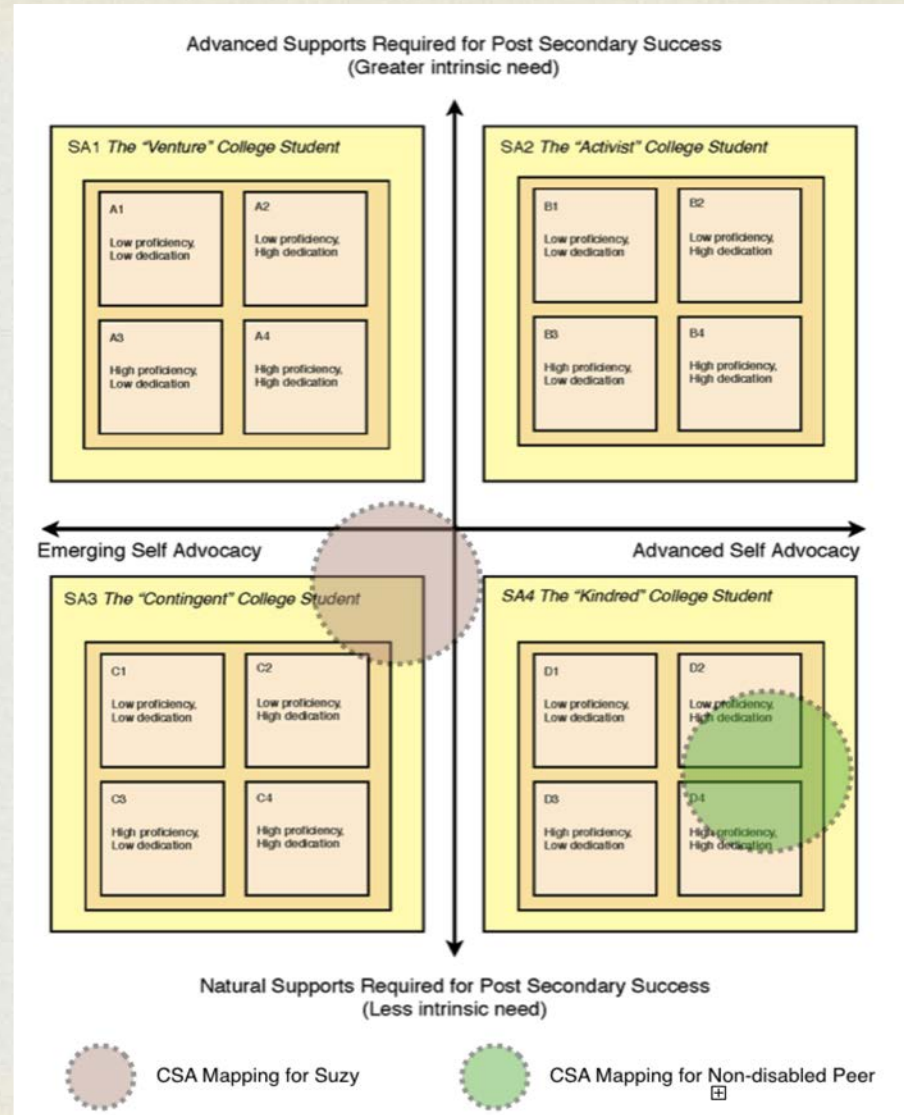


# SELF DIRECTED BEHAVIORS

## AXIS II: NEED



# SUPPORT MATRIX: A TOOL FOR INTERVENTION



# SOME OBSERVATIONS ON EXECUTIVE FUNCTIONING



- Research shows that, neurotypically, EF skills take 25 years to fully develop, with biggest gap around middle school years
- Verbal ability strongly linked to typical EF development
- Brain development: from back to front
- Skill development tends to be progressive, with the last and most complex skill development time management and metacognition (learning how to learn)
- EF skill development predicated on fading external cues, and teaching internal, self-directed cues & strategies
- Vast divide between our (adult's) expectations and capability of children and executive skills difficulties
- Two basic approaches: impose instruction or teach the child compensatory strategies
- WE MUST INTERVENE WHERE CHILD IS, DEVELOPMENTALLY, NOT WHERE WE DESIRE THEM TO BE

# SOME OBSERVATIONS ON EXECUTIVE FUNCTIONING

- Developmentally appropriate need to distance support and reliance on parents: middle school years see a point of diminishing returns for parent based intervention
- EF coaching ultimately informs an understanding of a student's ideal level of independence
- Strengthened ability to anticipate the next environment, and effectively generalize the skill to that environment
- EF coaching must be **HIGHLY INDIVIDUALIZED**
- Force maximizing EF instruction through partnership with parents, teachers, and therapists
- Logistics and scheduling



# SOME OBSERVATIONS ON EXECUTIVE FUNCTIONING



- The process “requires wrinkles, but hopefully reveals no tears...”
- Assessment and reliance on self-report
- Students who protect coping strategies (efficient and inefficient alike) that have sustained them in the past
- Avoiding superimposing schemas that work for us on kids
- Understanding that EF needs globally impact functioning, not just academics
- Post secondary success: “the least destructive assumption”
- Our Mantra: PLAN-EXECUTE-REPAIR
- Identifying the gray areas, and willingness to delve in and clarify

# EF Coaching: How Does Our Model Work?

- Highly relationship-based
- Executive Function Intervention Plan (EFIP): Development of at least three goals (ie, parent, student, coach)
- Exercises vs. Strategies
- Min: Weekly, 1 hour sessions for minimum of 3 months
- Instructional component as needed (ex: SIM, Learning Strategies, rehabilitative exercises)
- Summer: great for skill instruction, but less to organize (best to teach while demands are authentic and support is meaningful)
- Distance and commuting are critical (online coaching is sometimes an option once relationship is built)
- Data driven
- Ideally addresses both skill development and management of workload
- Maintenance: case management

# A TYPICAL W&A EF LESSON

[Client Name]  
[Date]  
Executive Functioning Skills  
Coaching Session

|                   |   |
|-------------------|---|
| <i>Evaluate</i>   | <ul style="list-style-type: none"><li>● Evaluate goals from the week.</li></ul>   |
| <i>Forecast</i>   | <ul style="list-style-type: none"><li>● Examine needs, routines, or tasks that need to be addressed (e.g. list from assignment notebook).</li></ul>   |
| <i>Prioritize</i> | <ul style="list-style-type: none"><li>● Prioritize current initiatives to meet goals (e.g. prioritize that list by placing a number of importance next to each).</li></ul>  |
| <i>Budget</i>     | <ul style="list-style-type: none"><li>● By order of importance, input assignments or tasks on calendar or planner, with the allotted time budgeted/estimated for each task. (Have client also track actual time.)</li></ul> |
| <i>Initiate</i>   | <ul style="list-style-type: none"><li>● Summarize action items; have client verbally review steps.</li></ul>  |
| <i>Evaluate</i>   | <ul style="list-style-type: none"><li>● Looking ahead, discuss how will assess successful achievement of the next week's goals.</li></ul>   |

# EF Coaching: How Does Our Model Work?

## **EFIP**

- Sessions 1-2: Intake and Relationship Building
- Session 3: Goal Setting and Prioritization
- Sessions 4-8: Instructional support for goals
- Sessions 9-10: Assessment/Evaluation

# YOUR QUESTIONS

**Supporting routines at home:** go “visual”, keep it novel (particularly reinforcers), and prioritize!

**Reasonable growth: how do we know EF skills are improving?**

**Technology:** A couple of key principles...

- Do you think this is a better idea than the kid?
- Is there a simpler way that doesn't run on batteries?
- How will it increase independence?
- How will growth be reported?
- Is it sustainable?

Some of our Favorites: **Stroop Effect** (sustained attention); **Aces Traffic Pack** (working memory); **Luminosity** (all EF areas, but primarily PSI and WMI); **Idea Sketch** (visualization and concept maps); **Evernote** (management of materials); **Planning 30/30** (time management and forecasting/budgeting); **Quizlet** (customized and easy to use “drill and kill”); **Built in IOS apps** (including Screentime, reminders, calendar); **Drawn to Discover** (VMI and development of early written expression skills), **My Job Chart**. And our absolute favorite tech in office: **Google app suite**: Hangouts, Calendar, Reminders, etc. (highly generalizable)

**CogMed** is the only research base, peer-reviewed, and effective clinical intervention shown to improve PSI.

Editorial: Why does MW think there is a dearth of evidence based programs out there? Because EF skill dysfunction is not uniform, and effective intervention crosses cognitive/behavioral/therapeutic Maginot lines...

**Teacher understanding? How do I improve?**

**EF and School Supports:** What does a good IEP or 504 plan for kids with EF issues look like? IEPs and training: favorite part of the IEP!

# EF Resources

- [www.iepguardians.org](http://www.iepguardians.org)

- [www.iepguardians.org/STUFF/W&A%20Brochure\\_EF%20v3.0.pdf](http://www.iepguardians.org/STUFF/W&A%20Brochure_EF%20v3.0.pdf)
- [www.smartbutscatteredkids.com](http://www.smartbutscatteredkids.com)
- [www.efinthe classroom.net](http://www.efinthe classroom.net)
- [www.efs2therescue.ca](http://www.efs2therescue.ca)
- [www.developingchild.harvard.edu/science/key-concepts/executive-function/](http://www.developingchild.harvard.edu/science/key-concepts/executive-function/)
- [www.learningworksforkids.com](http://www.learningworksforkids.com)
- <http://www.gvlibraries.org/common-core-learning-standards/7-m4a-your-brain-plugged>
- [www.toolsofthemind.com](http://www.toolsofthemind.com)
- [www.gonoodle.com](http://www.gonoodle.com)
- [www.brainfacts.org](http://www.brainfacts.org)
- [www.pbs.org/wgbh/pages/frontline/shows/teenbrain/](http://www.pbs.org/wgbh/pages/frontline/shows/teenbrain/)



IN CLOSING...



*Assistive and Instructional Technology  
Supporting Learners with Disabilities*

# **AT and App support for Executive Function: Middle School through Post-Secondary**

## Executive Functioning App Matrix

## Executive Functioning App Matrix



According to [Amanda Morin](#), parent advocate, former teacher and author of 3 books on Activities for children with special needs, and Blogger at [Understood](#), Executive Function is the “CEO of the brain” because it controls, manages and supervises an all cognitive processes and the attention system. As an umbrella term used to define skills required for everyday living (i.e. working memory, reasoning, flexibility, problem solving and time management, focused attention and doing things independently), Executive Function is often detected in connection with ADHD, Autism, Dyslexia, and Learning Disabilities. For students transitioning to post-secondary institutions of higher education, planning, memory and temporal organization are frequent challenges with recalling the who, what, when and where of many tasks.

Developed by AT Specialists Diana Petschauer as a hand-out for the webinar on [AT and App Support Executive Function: Middle School through Post-Secondary](#), this Matrix of Apps provides educators and families with an overview of major features of available Apps addressing executive function.

# Executive Functioning App Matrix

<http://bit.ly/1V8Ay5Z>


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Assistive Technology for Education

[ATforEd.com](http://ATforEd.com) (Website)

[@ATforEducation](https://twitter.com/ATforEducation) 

[dp.atspecialist@gmail.com](mailto:dp.atspecialist@gmail.com) (Email me)

603-998-4980 (call)

[Facebook](#)  (Connect for Awesome AT posts and up to date training/ webinars)

**Stacy Driscoll, M.Ed, ATP**  
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603-930-6000 (call)

[Facebook](#)  (LifeLong Assistive Technology)

| App / Developer                                | Addresses this Executive Function | iOS<br>as of October 15, 2015 | Google<br>as of October 15, 2015 | Comments/ Features   |
|--|-----------------------------------|-------------------------------|----------------------------------|--|
| <a href="#">30/30 By Binary Hammer</a>         | Shift / Flexible Thinking         | Free                          | N/A                              | color coding, can share lists via email, visual timer                                      |
| <a href="#">Choiceworks By Bee Visual, LLC</a> | Shift / Flexible Thinking         | \$6.99                        | N/A                              | Text, Picture, Picture Library, Audio, Customizable, Timers, Up to 8 tasks, printable      |
| <a href="#">VisTimer By Mindfultools</a>       | Shift / Flexible Thinking         | \$1.99                        | N/A                              | Color, Visual timer  |
| <a href="#">Time Timer By Time Timer LLC</a>   | Shift / Flexible Thinking         | \$2.99 iPhone<br>/\$4.99 iPad | <a href="#">\$0.99</a>           | Color, visual timer  |
| <a href="#">Sōsh™ By Dr. Mark Bower</a>        | Emotional Control                 | Free / \$39.99                | N/A                              | Social skill enhancement, comprehensive app, different aspects sold individually if needed |
| <a href="#">Chillax by Wimbledon Sound</a>     | Emotional Control                 | Free                          | N/A                              | binaural beats   |

|   |                           |               |                               |   |
|---|---------------------------|---------------|-------------------------------|---|
| <a href="#"><u>Relax Melodies HD: Sleep zen sounds &amp; white noise for meditation, yoga and baby relaxation By iLBSof</u></a> | Emotional Control         | Free          | <a href="#"><u>Free</u></a>   | binaural beats  |
| <a href="#"><u>At Ease By Meditation Oasis</u></a>  | Emotional Control         | \$2.99        | <a href="#"><u>\$2.99</u></a> | Breathing meditations and journaling  |
| <a href="#"><u>Lotus Bud By Chad Sager</u></a>  | Task Initiation           | Free          | N/A                           | Random bell alarm   |
| <a href="#"><u>FTVS HD - First Then Visual Schedule HD By Good Karma Applications, Inc</u></a>                                  | Task Initiation           | \$14.99       | N/A                           | Printable, Text, Audio, Pictures, Video, Picture library, Share,                      |
| <a href="#"><u>iPrompts By Handhold Adaptive, LLC</u></a>   | Task Initiation           | \$49.99       | <a href="#"><u>\$9.99</u></a> | Text, Audio, Pictures, Video, Picture library   |
| <a href="#"><u>Plan It, Do it, Check it Off</u></a>   | Task Initiation           | \$4.99        | N/A                           | Text, Audio, Pictures, simple format  |
| <a href="#"><u>Reminders, Calendar, Alarm and Voice Reminder - Aida Reminder by Sergio Licea</u></a>                            | Self Monitoring           | Free / \$0.99 | N/A                           | Voice Reminders, Nag feature  |
| <a href="#"><u>Alarmed ~ Reminders + Timers By Yoctoville</u></a>   | Self Monitoring           | Free / \$4.99 | N/A                           | Nag feature, completely customizable. Preset and flexible times, adjustable text size |
| <a href="#"><u>PhotoMind by Koedal Inc.</u></a>   | Self Monitoring           | \$2.99        | N/A                           | iWatch compatible, Text and pictures as reminder                                      |
| <a href="#"><u>Super Notes: Recorder, Note, Memos, Photos. Notebook plus Notepad. free By Clear Sky Apps LTD</u></a>            | Self Monitoring           | Free          | N/A                           | Text, pictures, audio recording, color coding, sharable                               |
| <a href="#"><u>Priority Matrix By Appfluence LLC</u></a>  | Planning and Prioritizing | Free          | <a href="#"><u>Free</u></a>   | Color coding, 4 quadrant organization   |
| <a href="#"><u>EasyPhone App By HJ Holdings LLC</u></a>   | Planning and Prioritizing | \$0.99        | <a href="#"><u>\$1.00</u></a> | Two steps to make a phone call. Tap on Picture of person to call                      |

|   |                           |               |                        |   |
|---|---------------------------|---------------|------------------------|---|
| <a href="#">Launcher with Notification Center Widget By Cromulent Labs</a>        | Planning and Prioritizing | Free          | N/A                    | Picture identification for tasks, call, messaging and texts                             |
| <a href="#">myHomework Student Planner by Rodrigo Neri</a>                        | Planning and Prioritizing | Free          | <a href="#">Free</a>   | in app purchases, planner with reminders  |
| <a href="#">inClass By inclass Inc.</a>   | Planning and Prioritizing | Free          | N/A                    | Video, audio and photo notes  |
| <a href="#">DropTask HD - Visual To-Do List by Think Productivity</a>             | Planning and Prioritizing | Free          | <a href="#">Free</a>   | Organization via visual map, collaboration  |
| <a href="#">myShopi - Shopping list - Grocery list By Agilys</a>                  | Organization              | Free          | <a href="#">Free</a>   | Can add photos, photo library available   |
| <a href="#">Popplet By Notion</a>   | Organization              | Free / \$4.99 | N/A                    | Simple layout, Color coding, can export   |
| <a href="#">Due By Due Apps LLP</a>   | Organization              | \$4.99        | N/A                    | iWatch, Nag feature   |
| <a href="#">BugMe! Stickies Pro - Ink Notepad &amp; Alarms By Electric Pocket</a> | Organization              | Free / \$1.99 | <a href="#">\$0.99</a> | in app purchases, color coding  |
| <a href="#">Inspiration Maps By Inspiration Software Inc.</a>                     | Organization              | \$9.99        | N/A                    | Color coding, visual mapping, picture library   |
| <a href="#">Notability By Ginger Labs</a>   | Working Memory            | \$5.99        | N/A                    | Color Coding, Audio Recording with time stamp, Add pictures and text                    |
| <a href="#">AudioNote - Notepad and Voice Recorder By Luminant Software, Inc</a>  | Working Memory            | \$4.99        | <a href="#">\$4.99</a> | Audio recording with time stamp, add pictures and text                                  |
| <a href="#">Microsoft OneNote</a>   | Working Memory            | Free          | <a href="#">Free</a>   | Color Coding, Audio Recording with time stamp, iWatch compatible, Add pictures and text |
| <b>Notes (Standard iOS)</b>   | Working Memory            | Free          | N/A                    | Syncs across devices  |

|   |   |                                   |                      |   |
|---|---|-----------------------------------|----------------------|---|
| <a href="#">CanPlan By University of Victoria</a>           | Working Memory                            | Free                              | N/A                  | in app purchase \$14.99, Text, Audio, Pictures, Video, Add reminders  |
| <a href="#">Picture Scheduler By Petr Jankuj</a>            | Working Memory                            | \$2.99                            | N/A                  | Text, Audio, Pictures, Video, Add reminder, not updated recently  |
| <a href="#">Tools4Students</a> by Mobile Learning Services. | Planning, Organization, Brainstorming     | \$0.99                            | N/A                  | 25 graphic organizers supporting common comprehension skills like main idea and detail, sequencing, compare & contrast etc. (Also check out Tools4Students 2; 25 more graphic organizers and a blank template to design your own) |
| <a href="#">My Homework</a>                                 | Time Management, Planning, Organization   | Free                              | <a href="#">Free</a> | Digital Planner/ Agenda, scheduling, reminders, time management   |
| <a href="#">Errands To-Do-List</a>                          | Task Management, Working Memory, Planning | Free                              | N/A                  | Folders, Checklists, Task Images, Scheduling & Repeating, Alerts (alarms), Automatic Badge Updating, Calendar View, Mail Tasks, Multiple View Modes, Search   |
| <b>The following are Chrome Extensions.</b>                 |   | <b>Will not run on an iDevice</b> |                      | <b>All Chrome Extensions are Found in the Chrome Web Store. They can only run on the Chrome Browser.</b>  |
| <a href="#">Session Buddy</a>                               | Organization, Memory, Research            | N/A                               | Free                 | This is a Chrome extension, found in the Chrome Web Store. Save all open tabs by topic to get back to later.  |
| <a href="#">Connected Mind</a>                              | Mind Mapping, Planning, Organization      | <a href="#">Free</a>              | Free                 | Mind Mapping, Brainstorming, Color Coded Shapes or Use Images, cloud storage  |
| <a href="#">LucidChart for Education</a>                    | Organization, Planning, Memory            | <a href="#">Free</a>              | Free                 | Hundreds of Templates and Examples:<br><ul style="list-style-type: none"> <li>- Flowcharts</li> <li>- Venn Diagrams</li> <li>- Graphic Organizers</li> <li>- Mind Maps</li> <li>- Org Charts</li> </ul>                           |

|  |  |     |      |  |
|--|--|-----|------|--|
| <a href="#">To Do List</a>   | Planning,<br>Memory                          | N/A | Free | Easy, Simple, To Do Lists- Plan Today, Tomorrow, This week, This month, etc.   |
| <a href="#">Strict Workflow</a>  | Focus, Time on Task, Productivity, Attention | N/A | Free | Enforces a 25min/5min workflow: 25 minutes of distraction-free work, followed by 5 minutes of break. Repeat as necessary.  |
| <a href="#">One-Click Timer</a>  | Time on Task, Focus, Productivity            | N/A | Free | Large, red, visual and audio timer. Up to 60 minutes. Also check out Progress Bar timer and other timer options in the Chrome web store.   |
| <a href="#">Readability</a>  | Focus, Time on Task, Working Memory          | N/A | Free | <p>"Read Now" to disable surrounding webpage noise and clutter, get rid of distracting videos and ads</p> <ul style="list-style-type: none"> <li>• "Read Later" to save content to your personal reading list</li> <li>• "Send to Kindle" to send any web page to your Kindle in a comfortable reading view <ul style="list-style-type: none"> <li>• Configurable content appearance: font color and size</li> </ul> </li> </ul> |
| <b>Free Web Resources</b><br><a href="#">Cold Turkey</a><br><a href="#">Self-Control (Mac)</a><br><a href="#">Simple Mind</a><br><a href="#">EduSync</a> | Free with subscription options offered.      |     |      | All Browsers   |

*Smart Watches:*[Apple Watch](#)[Pebbles Watch](#)[Martian Watch](#)[ReVibe by Fokus Labs](#)[Luiz Perez Tips and Tricks](#)<http://www.consumerreports.org/smartwatches/the-best-smartwatches-for-your-money>*Resources:*Windows 10 Accessibility <https://www.microsoft.com/enable/education/>

## Feature Matching Executive Functioning Apps

|  |   |  |
|--|---|--|
| <p><u>Device</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> iPad</li> <li><input type="checkbox"/> iPhone</li> <li><input type="checkbox"/> Android Tablet</li> <li><input type="checkbox"/> Android Phone</li> <li><input type="checkbox"/> Windows Tablet</li> <li><input type="checkbox"/> Windows Phone</li> </ul> <p><u>Input Method</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Typing Text</li> <li><input type="checkbox"/> Voice</li> <li><input type="checkbox"/> Pictures</li> <li><input type="checkbox"/> Video</li> <li><input type="checkbox"/> Drop Down Menus</li> <li><input type="checkbox"/> Icons</li> </ul> | <p><u>Output Features</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Visual</li> <li><input type="checkbox"/> Text</li> <li><input type="checkbox"/> Images</li> <li><input type="checkbox"/> Video</li> <li><input type="checkbox"/> Icons</li> <li><input type="checkbox"/> Colors</li> <li><input type="checkbox"/> Auditory</li> <li><input type="checkbox"/> Sounds</li> <li><input type="checkbox"/> Alarms</li> <li><input type="checkbox"/> Music</li> <li><input type="checkbox"/> Voice</li> <li><input type="checkbox"/> Tactile</li> <li><input type="checkbox"/> Vibration</li> </ul> <p><u>Preferred Features</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Nag</li> <li><input type="checkbox"/> Snooze</li> <li><input type="checkbox"/> Sync between devices</li> <li><input type="checkbox"/> Notification Type</li> <li><input type="checkbox"/> Banner</li> <li><input type="checkbox"/> Alert</li> <li><input type="checkbox"/> Push Notifications to others</li> </ul> | <p><u>Output reminders</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Type</li> <li><input type="checkbox"/> Frequency</li> <li><input type="checkbox"/> Duration</li> </ul> <p><u>Executive Function</u></p> <p><u>Deficit Area</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Impulse Control</li> <li><input type="checkbox"/> Shift / Flexible Thinking</li> <li><input type="checkbox"/> Emotional Control</li> <li><input type="checkbox"/> Task Initiation</li> <li><input type="checkbox"/> Planning and Prioritizing</li> <li><input type="checkbox"/> Organization</li> <li><input type="checkbox"/> Self Monitoring</li> <li><input type="checkbox"/> Working Memory</li> </ul> |
|--|---|--|